

AD/HD 之家長錦囊—停課篇：網上功課好頭痛

<https://www.parent.edu.hk/article/ad-hd%E4%B9%8B%E5%AE%B6%E9%95%B7%E9%8C%A6%E5%9B%8A-%E5%81%9C%E8%AA%B2%E7%AF%87-%E7%B6%B2%E4%B8%8A%E5%8A%9F%E8%AA%B2%E5%A5%BD%E9%A0%AD%E7%97%9B>

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